

WALKING LIBRARY/ A BOOK VENDOR
WHO'S RARE AND HARD TO FIND

IN HIS OWN LEAGUE/ COACHING GENERATIONS OF WILDCATS
DELICIOUS/ THE PERFECT PLACE TO POP THE QUESTION

ADVOCATE

L A K E H I G H L A N D S

U R B A N L I V I N G D A L L A S

JUNE 2007

Ordering off the menu at Tony's | Free fertilizer | The car wash | Dining on Mi Cocina's patio | Rock cake at ST Café | Live music at Highlands Café | Pee-free kiddie "pool" | Small town inside a big city | Audelia Road Library | Poolside cocktails at the KC | Elementary schools "around the corner" | Waking up with a White Rocker | Frisbee golf | The annual Fourth of July parade | The original Chili's | The No. 5 at Keller's | Crappie at the creek | White Rock Skate | Bang for your buck | Private elementary schools | Hike and bike trails | Moss Park | Drum Corps International at Wildcat Stadium | Tour of Christmas décor | Friday and Saturday nights at Henk's

25



THINGS WE LOVE
ABOUT OUR NEIGHBORHOOD

▶ **WOMEN**
in business
Details Inside!

COSMETIC AND FAMILY DENTISTRY



Thalia Shirley, D.D.S.
www.premier-dental-solutions.com

Come to our state-of-the-art-facility and experience the care and attention that has made Dr. Shirley highly sought after for ten years. Complementary consultations available for Invisalign (invisible braces) and Lumineers (no shot veneers). Certified Invisalign Provider. Zoom into Premiere Dental Solutions for that beautiful summer smile! We are offering a pre-summer special for Zoom! Advanced Whitening for only \$499 for a limited time only!

PREMIER DENTAL SOLUTIONS
10210 N. CENTRAL EXPRESSWAY
(3 BLOCKS NORTH OF WALNUT HILL)
STE. 100, DALLAS, TX 75231
214-328-3200

ORTHODONTICS



Patricia A. Simon, DDS
www.lakewoodortho.net

Designer clothes, designer hair, designer car... why not a designer smile? With an idea of what you'd like to change and a few diagnostic measurements, a blueprint can be made for your new look. You deserve to grin with every bit of confidence that a beautiful smile imparts. Schedule a complimentary consultation today to see what is possible. Change your look and your outlook!

LAKWOOD ORTHODONTICS
1809 SKILLMAN ST., DALLAS, TX 75206
214-826-9000

WEIGHT LOSS



Dr. Jeremy S. Webster
Chiropractor

STUBBORN WEIGHT LOSS? Have you tried to lose weight and failed? Or have you lost weight only to gain it back? You might have an imbalance in your metabolism. Dr. Webster will evaluate many aspects of your metabolism including adrenal and thyroid function, toxicity, sleep habits, sugar metabolism, hormones, and more to determine which system is preventing you from losing weight and keeping it off. The individual treatments are safe, natural, and they work!

WWW.COMPLETHEALTHDALLAS.COM
7522 CAMPBELL RD. #104, DALLAS, TX 75248
972-735-0707

COMPREHENSIVE DENTISTRY



Ashly R. Cothorn, DDS, PA

Your smile is often considered to be the most distinguishing feature of your face. With new advances in dentistry, you no longer have to settle for chipped, stained or poorly aligned teeth. Our practice offers a variety of treatment options designed to deal with such problems. We are committed to excellent results in a relaxing, comfortable and professional environment.

WWW.DRCOThORN.COM
9669 N.CENTRAL EXPRESSWAY #220 DALLAS 75231
214-696-9966

OPTOMETRIST



Dr. Clint Meyer
www.dallasseyeworks.com

T2 model eyeglasses are here. Dallas Eyeworks now offers consumers a unique option. Swiss made rimless eyewear weighing only 2.5 grams. Made of surgical grade plastic that is super lightweight but durable and guaranteed not to fade or crack. Available in many color combinations and lens shapes. When paired with the highest quality lenses, you have the perfect balance between function and fashion. Stop in today to see the T2 collection!

DALLAS EYEWORKS
9225 GARLAND ROAD SUITE 2120, DALLAS, TX 75218
214-660-9830

**FOR ADVERTISING INFORMATION
CALL 214-560-4203**

ADVOCATE URBANliving
MAGAZINES

ADVOCATE

DOWN THE AISLE AND BEYOND

A Lake Highlands native shares stories from his own marriage in this new book

Matthew White's background is public relations and marketing, not English, and he's quick to point that out. But that didn't stop him from writing and publishing his own book, "Married to Jesus," after the inspiration hit him a couple of years ago.

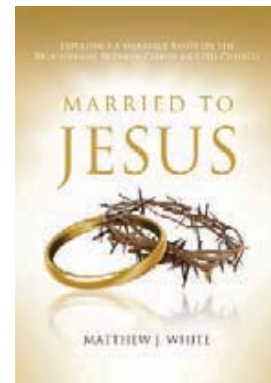
It happened while White, a Lake Highlands graduate, was attending a marriage conference with his wife, Anne. The speaker was Gary Thomas, author of "Sacred Marriage," and he posed a question to the attendees: What if your spouse felt like he or she was married to Jesus — that loved? It was a question that White couldn't get out of his mind, so he decided to pen his thoughts into a book.

"I'm not a theologian, I'm not a psychologist, I'm not anybody who would typically write something like this," White says. "But I've gone through these experiences and share my stories of how I went through them, and it hopefully comes across being conversational."

The book's premise is based on New Testament scripture comparing the relationship between husbands and wives to the relationship between Christ and the church. In it, White gives practical advice, not in a how-to approach but instead through anecdotal references to which readers can relate.

Though he shares many stories from his own 11-year marriage, White doesn't come across as a pious expert. In fact, the experience of writing the book forced him to come to terms with secrets he had been keeping from his wife that had eaten away at their relationship for more than a decade.

As a 12-year-old growing up in our neighborhood, White says he was molested by a young man in his church. He says he didn't tell anyone about the incident and shares in his book that it led to a pornography addiction that lasted through his high school



and college years and into his marriage. When White began writing the chapters on honesty and forgiveness, he knew he couldn't keep his secrets inside any longer.

"At the time, it had been about 18 years of not telling anybody anything about anything," White says. "That's not the crux of the book by any means, but at the same time those two areas of being honest and giving forgiveness to and from each other through your marriage are very important, if not most important. It really enabled me to be able to work through it with my wife and even able to tell other people."

That included his family, even though the accused molester was a family friend and even part of his brother's wedding party. Freeing himself from the burden of harboring those secrets made his own marriage even stronger, White says, and it's been fulfilling for him to hear from others who have visited his website or read the book and identified with his story.

Self-publishing was a risk, White says, adding that having 2,000 books to sell that were purchased with his own money certainly causes stress. But if it helps other people, he says, it will have been worth it.

"Obviously, I want to sell 1 million books and be on Oprah," he confesses, "but at the same time the point is to impact, and if I impact a couple of people out of it, that's what it's meant to be." — KERI MITCHELL

MATTHEW WHITE'S BOOK, "Married to Jesus," can be purchased at Logos, 6620 Snider Plaza, or online at married-tojesus.com.

TOM BARRETT OPTICAL
Fashionable Eyewear
Since 1981
5500 GREENVILLE AVE.
SUITE 222
IN OLD TOWN
214-368-0170
TOMBARRETTOPTICAL.COM

Dallas Arboretum Concert Series
Located at the Martin Rutzka Concert Lawn
Join us in celebrating 10 years of awesome music during Dallas' only concert series over-looking White Rock Lake.
Cool Thursdays Concerts
Relax to the music of your favorite songs
Every Thursday through August 2
Great Tuesdays Concert
Great Jazz and Gospel in the same night
June 12 - Joseph Vincelli & Tyrone Johnson
Children's Concert Series
By nationally-recognized Children's performer
June 24 - Trout Fishing in America
July 15 - Justin Roberts
August 12 - Parachute Express
Dallas Arboretum
8525 Garland Road
dallasarboretum.org • 214-515-6500
The Dallas Arboretum is supported in part by funds from the Parks and Recreation Department

Want Dallas' most affluent, professional and educated residents visiting your office for health care?

Tax Tip
R: Business use of autos — the IRS requires a mileage logue in the event of an audit.

- Tax preparation
- IRS Audit Representation
- IRS notice resolution
- 18 years in the White Rock Neighborhood

Jack E. Lewis Jr., CPA
jlewis@jlewiscpa.com
6301 Gaston Avenue, Suite 800
214-821-0829

spin the wheel

Want a great guest at your next neighborhood event? Invite Advocate magazine! We'll come, set up a booth, give out freebies and meet and greet the neighbors.

ADVOCATE
Call Marketing Director
Michelle Crow at 214-321-3711
or e-mail mcrow@advocatemag.com